

ANTHROPOSOPHICAL SOCIETY IN AMERICA  
SAN DIEGO AREA SAN MIGUEL BRANCH



Sunday, October 24, 10:30 a.m.

Laurelin Residence  
5737 Spartan Drive  
San Diego, CA 92115  
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## UNDERSTANDING CHINESE CULTURE AND HISTORY IN THE LIGHT OF ANTHROPOSOPHY

With Hong Zhao

*"My spiritual seeking began with the birth of my daughter. After I got my Master's degree in Electronic Engineering and was involved in the High-tech industry for years, I was so arrogant that I believed that science was the absolute truth and could be the resolution for everything. But during my first struggling parenting, I had to admit that my baby, as a messenger from the higher world, couldn't be explained by only abstract logic thinking. And my training in nature science couldn't provide me with any knowledge about the invisible world and the truth of human beings.*

*In order to gain that knowledge, my enthusiasm in ancient wisdom became strongly rekindled and I was attracted by the marvelous ancient Chinese wisdom in philosophy, medicine, and arts which was also different from what I learned for many years in Western arts. Many thoughts sounded so fascinating to me, for example: Everything has an origin in the spiritual world and human beings are the highest spirit among the natural world. As the mediator, between heaven and earth, we strive to be harmonious with the cosmos and unite with all creatures. Among all the educational systems, I found only one, Waldorf education, based on Anthroposophy, which has a similar spiritual viewpoint and puts those thoughts into practice.*



*We moved from China to the US and my daughter began her Waldorf school journey at 3 years old. I continued my study in Chinese medicine and philosophy, especially TAO, which changed me greatly and helped me effectively expand my mindsets. I began to have the ability to accept ideas that seemed contradictory and see through things in different layers, which lay a solid foundation for my later Anthroposophical study. Many questions arose continually within me, "Why does the harmonious, beautiful and elegant time in ancient China have to be gone? Why does the human being have to endure degradation in soul and spirit? I couldn't find clear answers in ancient wisdom. With these questions I joined WISC at the magical age of 35..."*

Hong Zhao was born in 1982 in China. Educated at Zhejiang University she holds a MSEE in Information and Communication and a BSEE in Information Engineering. She has completed her WISC training here in San Diego. Hong lives with her husband and two children in North San Diego County.

